

Art Dance Academy 2026-2027 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend:Legend: Red = Competition Team Mandatory Classes	Yellow = Competition Team Rehearsals / Practice Sessions				Room 1 8:30 - 9:30 AM Stretching (Competition Team) Ms. Annalourdes
					Room 2 8:30 - 9:30 AM Stretching Regular Ms.Sophia
					Room 2 9:30 - 10:30 AM Turns & Jumps Regulares Ms. Sophia
Room 1 4:30 - 5:30 PM Baby Tropical Ms.Lisette					Room 1 11:00 - 12:00 PM Begin Ballet Ms.Annalourdes
Room 2 5:00 - 5:30 PM	Room 2 4:30 - 5:30 PM Baby Ballet Tap Ms. Sophia	Room 2 4:30 - 5:30 PM Baby Lyrical Ms. Sophia	Room 1 4:30- 5:30 PM Baby Ballet Ms. Annalourdes & Ms.Lisette	Room 2 4:30 - 5:30 PM Turns & Jumps Ms. Sophia Pre Point 2	Room 2 10:30 - 11:30 AM Baby Jazz Ms. Sophia
Room 1 5:30- 6:30 PM Intermediate Ballet Ms.Lisette	Room 1 5:30 - 6:30 PM Pre Point 2/3 Ballet Ms. Lisette	Room 1 5:30 - 6:30 Intermediate Ballet Ms. Lisette	Room 1 5:30 - 6:30 Pre Point 2/3 Ms. Lisette	Room 1 5:30 - 6:30 Pre Ballet PM Ms. Annalourdes	Room 1 12:00 - 1:00 Turns & Jumps Competition Advanced. Ms. Bryanna
Room 2 5:30 - 6:30 PM Competition Acro Tumbling Ms. Annalourdes (Pre Point 2)	Room 2 5:30 - 6:30 Pre Ballet Tap Ms. Sophia	Room 2 5:30 - 6:30 PM Acro Dance With Ms. Sophia		Room 2 5:30 - 6:30 PM Turns & Jumps Ms. Sophia Competition Pre Point 3	Room 2 11:30 - 12:30 Hip Hop Baby Ms. Sophia
Room 1 6:30 - 8:00 PM Ballet Advanced Ms.Lisette	Room 1 6:30 - 7:30 PM Junior Jazz Ms.Sophia	Room 1 6:30 - 7:30 PM Ballet Begin Ms.Annalourdes	Room 1 6:30 - 8:00 PM Ballet AdvancedMs.Lisette & Ms.Annalourdes	Room 1 6:30 - 7:30 PM Conditioning Competition Advanced Ms. Annalourdes	Room 1 1:00 - 2:00 PM Lyrical Junior Ms. Bryanna
Room 2 6:30 - 7:30 PM Competition Acro Tumbling Ms.Annalourdes (Pre Point 3)	Room 2 6:30 - 7:30 PM	Room 2 6:30 - 7:30 Teenager Tap Ms. Sophia		Room 2 6:30 - 7:30 PM Conditioning Competition Pre Point 2/3 Ms. Sophia	Room 2 12:30 - 1:30 PM
Room 1 8:00 - 9:00 PM Lyrical Teenagers Ms. Annalourdes	Room 1 7:30 - 8:30 PM Junior Tropical Ms.Lisette	Room 1 7:30 - 8:30 PM Teenagers Jazz Ms.Sophia	Room 1 8:00 - 9:00 PM Tropical Teenagers with Ms. Lisette	Room 1 7:30 - 8:30 PM Competition Advanced Acro Tumbling Ms. Annalourdes	Room 1 2:00 - 3:00 PM Hip Hop Teenager Ms. Bryanna
Room 2 7:30 - 8:00 PM 8:00 - 8:30 PM	Room 2. 7:30 - 8:30 PM	Room 2 7:30 - 8:30 PM	Room 2 7:30 - 8:30 PM Junior Hip Hop Ms. Sophia	Room 2 7:30-8:30 Junior Tap Ms. Sophia	Room 2 1:30 - 2:30
Room 2 9:00 - 9:30 PM		Room 2 8:30 - 9:00 PM	Room 2 8:30 - 9:30 PM	Room 2 8:30 - 9:00 PM	Room 2 2:30 -3:30 PM
					Room 1 3:30- 4:30 PM Afro/Modern Teenagers Ms.Annalourdes